

SHAKTIBODY YOGA SCHOOL

Leading the Way in 2012-2013



Teacher Training

**Master and Diversify
your Skills**

Continuing Education Credits CEU's



Electives

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|----------------------|---|
| August 17, 18, 19 | Business of Yoga |
| September 21, 22, 23 | Chair Yoga Level 1 |
| October 12, 13, 14 | Sanskrit |
| October 19, 20, 21 | Yoga Therapeutics 1 |
| November 16, 17, 18 | Thai Yoga Body Work & Partner Yoga |
| December 7, 8, 9 | Pranayama, Yoga Nidra & Restorative Yoga |
| January 18, 19, 20 | Yoga for Special Populations |
| February 15, 16, 17 | Yoga & Essential Oils |
| March 15, 16, 17 | Ayurveda & Yoga |
| March 30, 31 | Yoga Therapeutics 2 |
| April 27, 28 | Chair Yoga Level 2 |
| May 18, 19 | Elements of Workshop Design |

Plus PreNatal, the Tattvas, Acro Yoga & more!!

Meditation Immersion

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| September 29 & 30, 2012 | <i>Stepping into the Flow</i> |
| November 10 & 11, 2012 | <i>Riding the Waves of Grace</i> |
| February 9 & 10, 2013 | <i>Growing a Lotus</i> |
| June 15 & 16, 2013 | <i>Currents of Love</i> |



Check with studio or web site for new listings or changes
1861 Springfield Ave, Maplewood, NJ 973-763-2288 www.shaktinj.com